

Morning Group	Evening Group
3rd Wednesday of Every Month	1st Thursday of Every Month
10 AM - Everyone	5:30 PM – Gastric Band 6:00 PM – Gastric Bypass & Sleeve Gastrectomy
Huntsville Hospital Medical Mall Wellness Center 1963 S. Memorial Parkway	Huntsville Hospital Dowdle Center 109 Governors Drive

These support group meetings are available to all patients at all stages of the journey; pre & post operative.

If you are considering surgical weight loss, you'll have the opportunity to hear testimonial stories and pose questions to those who have personally experienced the surgical process.

Post operative patients are encouraged to attend to keep rejuvenated and focused on continuing to lose weight in a healthy manner.

In addition to interaction with other patients, attendees will also benefit from input from medical staff including staff Nutritionists and Nurse Coordinator.

Often the group also benefits from input of guest speakers who address topics of interest to the group.

So, whether you are just considering (Bariatric) Weight Loss Surgery or are anywhere in the process, we encourage you to attend every opportunity you can!